

Impact of Technology and Social Media

The modern world is filled with new devices, tools, and information platforms. What was unimaginable a few years ago has become integrated into our daily lives, moving rapidly from luxury to indispensable. At the same time, we are seeing drastic increases in stress, anxiety and depressive disorders, which is often assumed to be related to the use of tech and social media. This in-service will help school nurses and other school staff to:

- Understand the impact of technological devices and social media platforms on cognition, learning, emotional regulation, and interpersonal effectiveness.
- Develop strategies and school policies to minimize the negative impact of these innovations.
- Teach students how to make informed decisions about their use of tech and social media.
- Recognize cyberbullying and develop appropriate interventions.

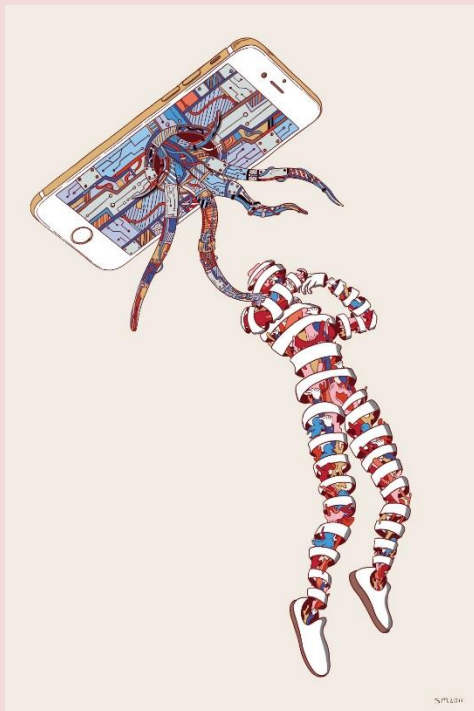
Who should attend?

School nurses, counselors, teachers, *and parents*

Certificates of Attendance (for PDPs) and Contact Hours for nurses, will be provided for this event.

Presented by:

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Director, McLean School Nurse Liaison Project



Thursday, March 28
6:30 – 8:30 pm

Braintree High School
128 Town St, Braintree

To attend this free event
Register at
www.MSNLP.Eventbrite.com